



## STAYING IN EDINBURGH

**There are plenty of hotels and B&Bs close by however, it's the height of summer and the Edinburgh Festival is on so it won't be cheap. If you require details of any local B&Bs please contact me and I will pass on some contact details.**

There is also the alternative of camping in the gym. The floor is fully matted however, please feel free to bring a sleeping bag and airbed if you want that added luxury. Unfortunately, there are no showering facilities at the gym but we have arranged with a local leisure centre to be able to use their showering facilities.



## TRAVELLING TO EDINBURGH

### By Air

You can fly into Edinburgh Airport and then get the airport bus which runs frequently 24 hour a day into Edinburgh city centre for £6. For full details please visit [www.flybybus.com](http://www.flybybus.com)

### By Train

You can get the train to Waverly station and from there take a 5 minute taxi ride to the gym.

### By Car

If you are travelling to the gym by car we have excellent parking facilities monitored by CCTV.

## BOOKINGS

Battlecamp runs over the Weekend of the 17th and 18th July 2010  
If you wish to attend then please e-mail [enquiries@kravmagaedinburgh.com](mailto:enquiries@kravmagaedinburgh.com)

A 20% deposit is required to be paid by Monday 14 June with the remainder of the balance to be paid in full by 5 July.



COMBAT READY GYM  
Bonnington Mill  
72 Newhaven Road  
Edinburgh  
Midlothian  
EH6 5QG

NEED MORE INFO?  
Contact Marcus Houston

Email: [enquiries@kravmagaedinburgh.com](mailto:enquiries@kravmagaedinburgh.com)  
Phone: 0800 028 9320.



# TACTICAL EDGE BATTLECAMP

## SUMMER 2010

Sat 17th-Sun 18th July.





# Mark Davies and Marcus Houston

ARE PROUD TO BRING YOU THE FIRST EVER TACTICAL EDGE  
BATTLECAMP IN SUMMER 2010 OVER THE WEEKEND 17TH-18TH JULY

## WHAT IS TACTICAL EDGE?

**"Tactical Edge is probably the worlds most advanced combatives systems available today to military, law enforcement and civilians"**

It was originally created as a close-combat system for Special Forces and as such it had to be suitable for use by someone after they had performed a long and arduous infiltration carrying a heavy load, a weapon and were fatigued. Or by someone who was in less than perfect condition in an escape and evasion scenario. This meant that the methods used had to be efficient and not rely on physical strength or require extended periods of exertion, and had to eliminate the threat in less than 5 seconds. The initial concept was also to create a system that allowed a seamless transition between unarmed combatives and armed combatives, utilising the same or similar movements for both. No longer just for the military, Tactical Edge is for law enforcement personnel and civilians.

Whilst training in Tactical Edge you will receive cutting edge instruction in unarmed combatives and skill-at-arms methods. Your training is applied against the sorts of situations you may face in real-life attacks, and we offer the best and most realistic counter weapons methods available today. Everything we teach has been 'field-tested' and isn't just theory.

## WHAT TO BRING TO THE BATTLECAMP

- TOILETRIES
- TOWEL
- CHANGE OF CLOTHES
- INDOOR & OUTDOOR FOOTWEAR.
- INDOOR & OUTDOOR TRAINING CLOTHES
- TRAINING KNIFE
- TWO RATTAN STICKS
- BANDANA

There will be training knives, bandanas, sticks and tactical edge DVD's for sale at the camp as well as refreshments.

## THE FOUNDER

Mark Davies holds black belts/ instructors credentials in 8 different martial arts and is **one of the country's most widely qualified martial arts instructors**. He holds ranks in traditional Japanese Bujutsu systems, Korean fighting arts, South East Asian systems and even Native American fighting arts. Mark has been training for several years as a personal student of the world-famous Master-at-Arms **James A Keating** and is **Europe's only full Com-Tech instructor**. Mark spent 19 years working doors and more 'specialised security', where he got to field-test his methods in literally thousands of violent encounters. He has faced all manner of unarmed and armed attacks, and he is one of the few instructors whose edged weapons and firearms defence is based on actual experience. Mark is certified and has worked in high risk VIP Protection. He has extensive, advanced firearms training, and he is a Combatives Instructor with elements of UK Special Forces. He has provided specialist instruction to Special Forces and government agencies around the world

## WHAT WILL THE CAMP COVER?

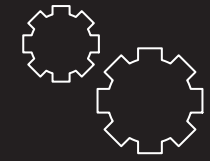
The camp will focus on defending against and using edged weapons. We will look at the most up to date methods for increasing your chances of survival against a knife attack. We will cover European and South East Asian methods of using a knife and using



skill building drills to enhance our empty hand techniques. We will show you how to use everyday items to defend yourself against all sorts of attacks. We will focus on the use of flexible weapons and how these can be used to defeat both armed and un-armed attacks. We will look at single and double stick drills, trapping and locking skills as well as defensive mental conditioning

## WHERE IS THE CAMP HELD

The Combat Ready gym is in the heart of Edinburgh and a mere five minute bus or taxi **journey from Edinburgh's Princess Street. The 2000 square foot gym is fully matted** and stocked with punch bags, kick shields, focus mitts and kettlebells. On site parking is available.



## DRAFT ITINERARY

This is a rough guide and is subject to slight change if the instructor wishes to take us down another avenue.

### Saturday 17th July

10.00 -12.00	Empty hand applications
12.00 - 12.15	Break
12.15 -13.30	Edged weapons combatives
13.30 - 15.00	Lunch
15.00 - 16.30	Single stick applications
16.30 - 16.45	Break
16.45 - 18.00	Double stick
18.00 - 20.00	Linking the lines. looking at Linking Edge Weapons, stick and empty Hand together
20.00	BBQ & Beers

### Sunday 18th July

10.00 -11.30	Flexible weapon applications.
11.30 -11.45	Break
11.45 - 13.00	Counter edged weapons.
13.00 -14.00	Lunch
14.00 -16.00	Summary and revision
16.30 -17.00	Grading and wrap up.

## INVESTMENT

The cost of the entire weekend is £100  
This includes:

- Two days tuition including written reference material
- Lodging in the gym if required
- Grading if required
- Hot breakfast roll and coffee on Saturday and Sunday morning
- Buffet lunch on Saturday and Sunday
- BBQ on Saturday for dinner

